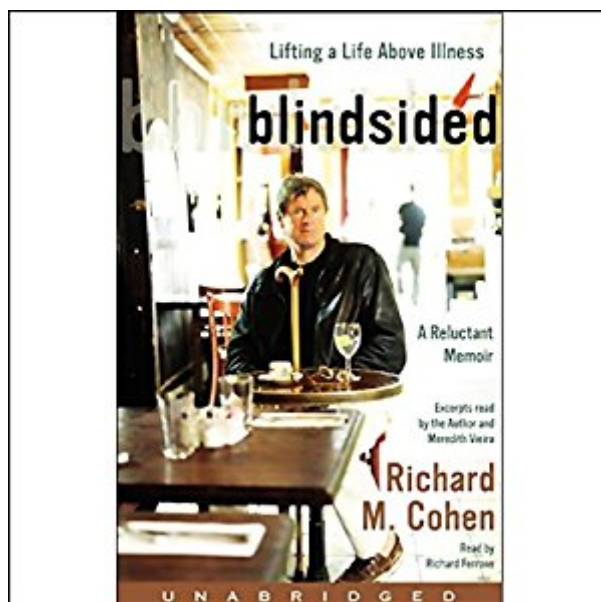


The book was found

Blindsided



Synopsis

Illness came calling when Richard M. Cohen was twenty-five years old. He was a young television news producer with expectations of a limitless future, and his foreboding that his health was not quite right turned into the harsh reality that something was very wrong when he was diagnosed with multiple sclerosis. For thirty years Cohen has done battle with MS, only to be ambushed by two bouts of colon cancer at the end of the millennium. And yet, he has written a hopeful book about celebrating life and coping with chronic illness. "Welcome to my world," writes Cohen, "where I carry around dreams, a few diseases, and the determination to live life my way. This book is my daily conversation with myself, a chronicle of the struggles in that exotic place just north of the neck. At the moment, my attitude checks out well. I do believe I'm winning." Autobiographical at its roots, reportorial, and expansive, *Blindsided* explores the effects of illness on raising three children and on his relationship with his wife, Meredith Vieira (host of ABC's *The View* and the syndicated *Who Wants To Be A Millionaire*). Cohen tackles the nature of denial and resilience, the ins and outs of the struggle for emotional health, and the redemptive effects of a loving family. And while he may not have chosen to live with illness, illness did choose him. Written with grace, humor, and lyrical prose, *Blindsided* presents a life brimming over with accomplishment and joy in adversity. --This text refers to an out of print or unavailable edition of this title.

Book Information

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Nervous System #405 in Books > Audible Audiobooks > Biographies & Memoirs > Artists, Writers & Musicians

Customer Reviews

Review based on hardcover 9/2003... Reviewer's comment: 'Until you walk in my shoes...' I offer

that reminder to those reviewers and readers who may pass judgment on a writer, who openly shares his life of trials and tribulations, of what he does or does not say... how he does or does not react to his chronic illness. Here is a man who opens himself to public scrutiny of emotions from the heart -- that alone is a over-the-top fete to accomplish, in this reviewer's eye. Shalom, Mr. Cohen, thank you. BLINDSIDED is a book sized small in width and length, but powerfully-packed in content with exceptional use of words, phrases and sharing of personal privacy. Richard M. Cohen tells of his life, his family, his chronic illness with candor, wit, anger and courage. Cohen reveals heartache, emotional, physical and mental trials, with introspection of his actions and effect upon his family and self well-being. There are moments when Cohen sometimes goes within himself, leaving the reader, but faithfully he returns. At age 25, Cohen was diagnosed with beginning stages of Multiple Sclerosis (MS) - a progressive disease. In later years, he battles recurring colon cancer with accompanying side effects, and deals with blindness attributed to side effects of MS. With honesty, the author vents the struggles of physical and mental pain. The fact that the medical profession was only mildly supportive in caring... unconcerned with applying the holistic approach, and the ramifications suffered by Mr. Cohen is appalling, a blemish on the medical profession -- albeit not a new occurrence. At the beginning there are natural denials ...

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